



2023 Spring Season

April, 2023

# KEY INFORMATION

1. **First Week of Practice:** Monday April. 10<sup>th</sup> – Thurs. April. 13<sup>th</sup>
2. **First Game Day:** Sunday, April 16<sup>th</sup>
3. Website will have all practice and game schedules
4. Download SportsConnect App to stay connected



# Agenda

- Introductions
- AYSO Mission & Organization Overview
- Return to Play & COVID-19 Safety Procedures
- Navigating Your Account
- Player Equipment
- Practice & Game Schedule
- Volunteer Coaches
- Weather
- Q&A



# It Takes a Team!

## Northside Chicago AYSO Board Members

- Regional Commissioner (RC) – Sean Mullin
- Treasurer – Tammy Negrillo
- EXTRA Coordinator – Bob Tweedie
- Registrar/Web Administrator – Lito Lomahan
- Uniform Manager – Jill Bonnette
- Regional Referee Administrator – Jeff Dunning
- Child/Volunteer Protection Advocate (CVPA)– Natalie Dumstorff
- Picture Day Coordinator – Kristen Dant
- Social Media/Marketing – Elyse Baylis
- Coach Administrator- Sean Mullin
- Coach Instructor / Training Admin – Natalie Dumstorff
- **8U Division Coordinator** – Lauren Boegen
- **10U Division Coordinator** – Maggie LeFever
- Event Coordinator - Alex Gonzalez

## OPEN POSITIONS

- Assistant Regional Commissioner
- Secretary
- CVPA
- Scheduler
- Coach Administrator
- Marketing Director



# AYSO MISSION & ORGANIZATIONAL OVERVIEW



# AYSO Mission & 6 Philosophies

Our mission is to **develop and deliver quality youth soccer programs** throughout the country which promote a fun, family environment built on the **foundation of our Six Philosophies**.

## AYSO SIX PHILOSOPHIES

Everyone Plays

Balanced Teams

Open Registration

Positive Coaching

Good Sportsmanship

Player Development



# AYSO Organization

AYSO is structured by Regions, Areas and Sections.



## AYSO National Office

The AYSO National Office, located in Torrance, California, provides support to Regions, Areas, Sections and the National Board of Directors. The National Office staff members are here to support AYSO programs and answer any questions AYSO families may have.



## Section

AYSO divides the country into 14 geographic Sections based on player population. Section Directors are responsible for activities in their respective Section, ensuring that Areas and Regions comply with all AYSO fundamentals and deliver quality programs.



## Area

A group of AYSO Regions combined form an Area. AYSO has close to 100 Areas nationwide. Area Directors are trained to support and mentor each of their Regions, and are responsible for oversight of activities within their Regions.



## Region

AYSO's grassroots programs begin with a community-based league, called a Region. A Region can range in size from less than a hundred players to several thousand. Each Region is run by a volunteer Regional Commissioner and a volunteer Regional Board.

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**AYSO National** – Based in Torrance, California

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**Section 6** – Includes Illinois, Iowa, Michigan

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**Area D** - Includes Chicago and northern suburbs

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**Region 1206** – Northside Chicago - That's Us!

# AYSO 1206 Programs

- **School Yard** – Our pre-school program for kids ages 3-5
- **Core** - Our recreational program for kids from 6U to 12U
- **14U & 19U IR Travel Program** – Teams play other AYSO Regions in our Area – advanced form of our Core program
- **EXTRA Competitive Program** – Competitive team selected through tryouts for 10U and 12U boys and girls. Play other AYSO Regions in the Chicagoland Area





# EXTRA



- EXTRA is a competitive program that offers players the opportunity to play soccer at a higher-level and develop their skills in a more competitive environment.
- Complements Core program with professional trainers and inter-regional play
- Teams are based on results of tryouts, held at the end of the every spring before the fall season starts
- Commitment requires one additional practice and game per week
- Season starts in the fall and runs through the spring
- **Available for U10 & U12 girls and boys**
- TRYOUTS are in the spring before the season starts in the fall

# Volunteer-Run Organization

- All positions supporting the league are staffed by registered volunteers, with exception of a few professional soccer trainers
- All registered volunteers and go through background check
- Coaches and referees are trained and certified
- League follows state and federal child and volunteer protection guidelines
- All volunteers go through additional safety and injury prevention training



# Volunteer Opportunities

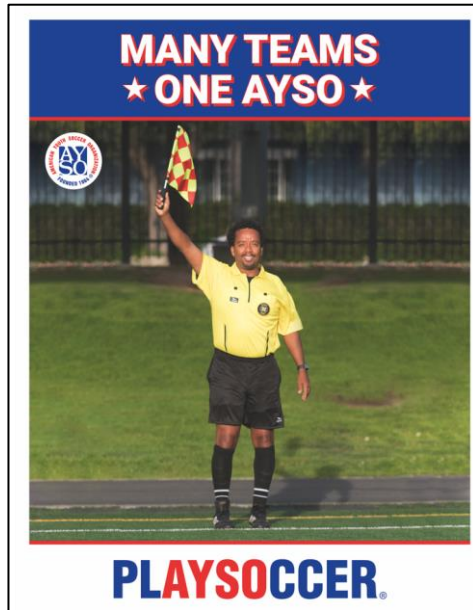
Please consider how you can share your time and talents with our soccer community.

- Coach
- Referee
- Division Coordinator
- Lots of Opportunities for Special Projects
  - Run an equipment exchange
  - Help run our end of season Tournament & Celebration

➤ Many hands make light work



# Referee with AYSO



Register as a Volunteer at  
[www.NorthsideChicagoAYSO.com](http://www.NorthsideChicagoAYSO.com) and email  
[referee@northsidechicagoayso.com](mailto:referee@northsidechicagoayso.com)  
to join our referee program!

All referees are  
**VOLUNTEERS!**

Referee training  
provided – no  
experience  
necessary

Need more refs in  
order to staff U10  
and under games

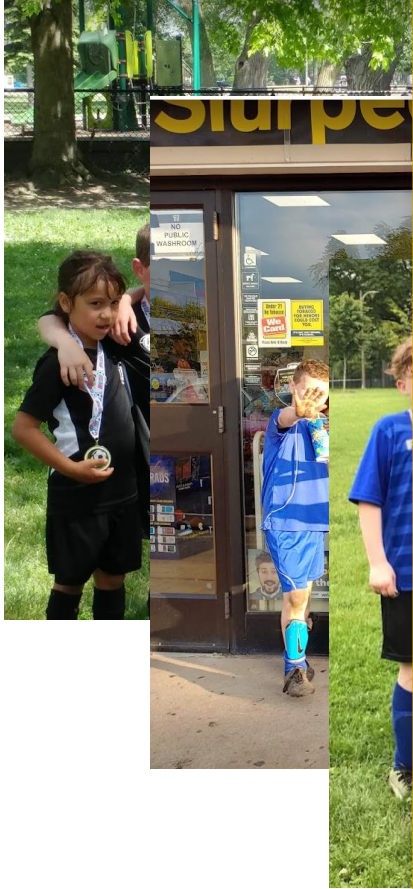
You're already  
coming to your  
child's game - why  
not sign up to ref?

Work as many or  
as few games as  
you like

Gain Gift Cards and  
Volunteer Hours



# Coaching - A Lifetime of Memories





# Coach with AYSO



All coaches are volunteers

No experience necessary

AYSO provides all the training and support you need to be successful

# RETURN TO PLAY GUIDELINES



# Return Play Fall 2022

- **SAFE, FUN & FAIR** – The guiding pillars of play in our soccer program.
- We follow IDPH and CDC guidelines - we are not medical or public health policy experts
- Guidelines state outdoor and indoor youth sports can resume without masks
- Masks are **ALLOWED** for anyone who prefers to wear one
- Please notify league of a positive COVID result – we will then notify team participants





# Assess Your Health

- **If you don't feel well – STAY HOME!!**
- **Ask the following:**
  - Do you have a **new cough** that you cannot attribute to another health condition?
  - Do you have a **new or worsening sore throat** that you cannot attribute to another health condition?
  - Do you have a **new or worsening shortness of breath** that you cannot attribute to another health condition?
  - Have you recently developed a complete **loss of smell or taste**?

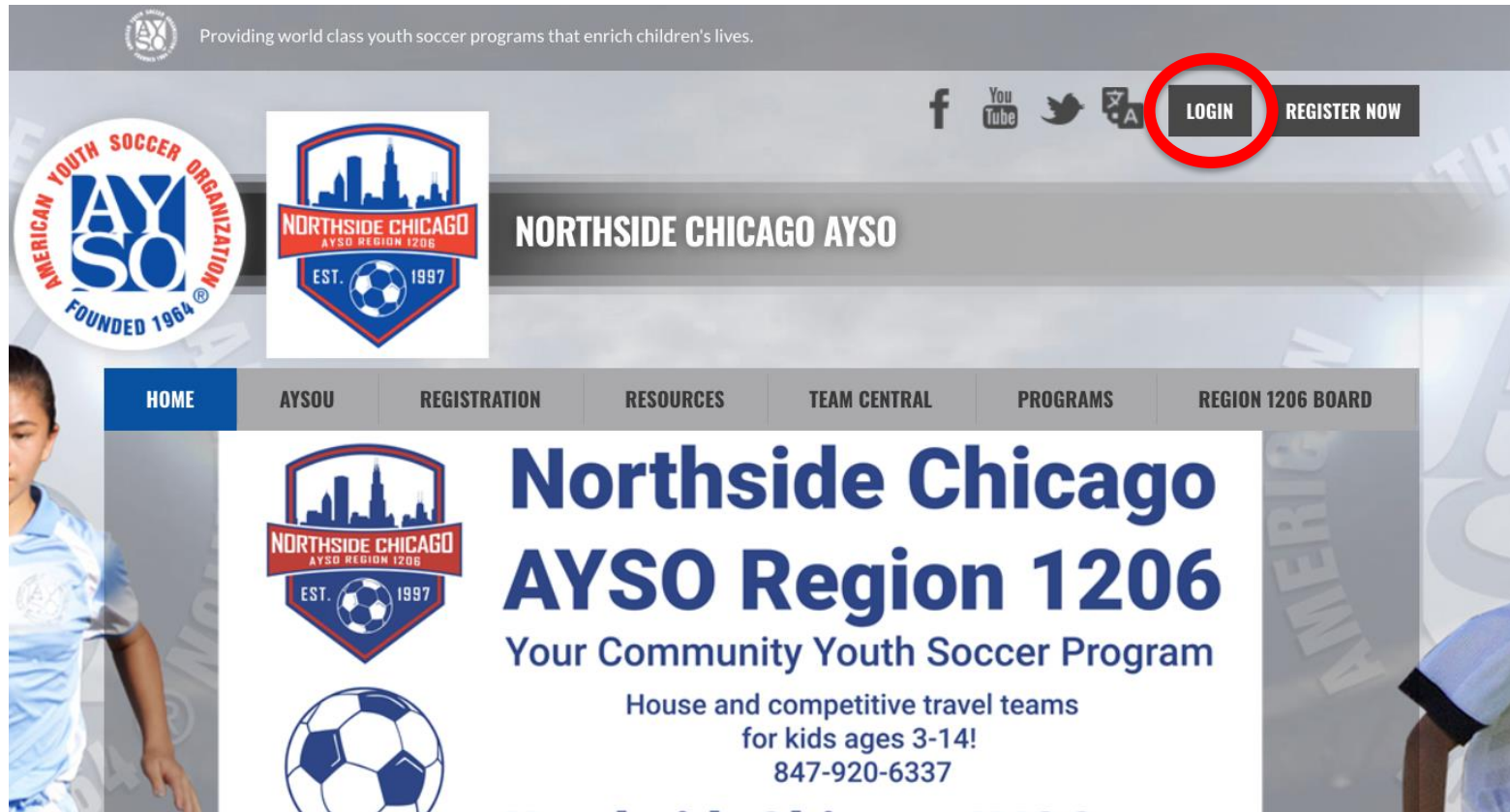


# NAVIGATING YOUR ACCOUNT



# League Website

- Your link to:
  - Team Roster
  - Game Schedule
  - Practice Schedule
  - General Information
  - Weather Updates



[NorthsideChicagoAYSO.com](http://NorthsideChicagoAYSO.com)



# Manage Your Account

- We use the email address(es) in our system to communicate with you
- Add [info@northsidechicagoayso.com](mailto:info@northsidechicagoayso.com) as a trusted email
- Make sure everyone who needs to know about AYSO is getting our emails (parents, grandparents, caregivers etc.)
  - Can add an Additional User if needed
  - Add a Secondary Email



Click Here for Parent Support

Club Parent Support > Navigating My Account

Search



# Navigating My Account

Hover over the interactive image below to learn more about your Account Dashboard

HOME

GETTING STARTED

FAQS

NAVIGATING MY ACCOUNT

The screenshot shows a user's account dashboard with a navigation sidebar on the left and a main content area. The sidebar includes links for MY ACCOUNT, CALENDAR, VOLUNTEER, MY ORDERS, MESSAGES, STORE, and HOME. The main content area features a top navigation bar with a 'Logout' button and a 'Register Now' button. Below this is a summary row with five cards: '1 Open Order', '2 Volunteer Opportunities', '0 New Messages', '1 Upcoming Event', and a weather widget for Atlanta, GA showing 72 degrees. The main content is divided into three sections: 'Participants' listing Ashley Banks, Carlton Banks, and Jazzy Jeff with their birth dates and program availability; 'UPCOMING EVENTS' for Saturday, April 20th at 11:00 AM for 'Team Photos'; and 'OPEN BALANCE' showing a total of \$83.00 with a table of transactions.

DATE	AMOUNT	ACTION
05/01/2017	\$33.25	[-]
06/01/2017	\$33.25	[-]
07/01/2017	\$6.25	[-]
07/15/2017	\$6.25	[-]


# Rosters & Schedules


- All players are assigned to a team
- Rosters and schedules are posted on our website [www.NorthsideChicagoAYSO.com](http://www.NorthsideChicagoAYSO.com)
- Automatic reminders are sent to your email prior to each game and practice
- Changes to game times or schedules will be posted on the website and automated emails will be sent
- All rosters are intended to be balanced




# Team Central

Log in to find Team Page


Participants: 




No Programs Available


Brandon Mulhern   
D.O.B: January 1, 2010  
ID Number: 12345-123456


Spring 2022 Core Soccer Registration (MY2021) | 12U - Boys | 12UB-4 Orange - [Visit Team Page](#)

HERE 

TEAM DIRECTORY



12UB-4 Orange 

HOME ROSTER CALENDAR NEWS EMAIL FILES 

- Team Central
  - See the team roster
  - Game and Practice Schedule
  - Email coaches

# PLAYER EQUIPMENT





# Player Equipment

## AYSO Will Provide

- Jersey
- Shorts
- Soccer Socks



***Uniforms will be distributed by your coach***

## Every Player is Responsible for the following:

- Soccer ball
  - Size 3 – School Yard, 6U, 8U
  - Size 4 – 10U, 12U
  - Size 5 – 14U, 19U
- Shin guards
- Water bottle
- Soccer cleats for 8U and above  
(not football or baseball cleats)

# Where to Buy Equipment

- DICK's Sporting Goods
- Chicago Soccer – Western Avenue
- Play it Again Sports
- Target

Watch our for coupons to Dick's Sporting Goods



# PRACTICE & GAMES SCHEDULES



# Support Your Coach

1. **Communicate with your coaches, introduce yourself**
2. **Be early** for practices and games
  - Please don't be late to pick them up
3. Let coach know if someone else is picking up your child
4. Think about how you can help
5. Let coaches know if you can't make a game or practice, particularly if there are holidays coming up

# Practice Times

Division	Practice Time	Practice Fields
School Yard	No Weekday Practice	Rogers Park
6U-Coed	No Weekday Practice	Rogers Park
8U - Boys	Tuesday 6-7pm	Rogers Park
8U - Girls	Mondays 6-7pm	Rogers Park
10U - Boys	Thursdays 6-7pm	Rogers Park
10U - Girls	Wednesdays 6-7pm	Rogers Park
12U - Boys	Wednesdays 6-7pm	Lerner Park
12U - Girls	Wednesdays 6-7pm	Rogers Park
14U - Boys	Mon & Thurs 5:30-7pm	Lerner Park
14U - Girls	Tues & Thurs 5:30-7pm	Warren Park
10U-Boys EXTRA	Mondays 5:30-7pm	Lerner Park
12U-Boys EXTRA	Mondays 5:30-7pm	Lerner Park
10U-Girls EXTRA	Tuesdays 5:30-7pm	Lerner Park
12U-Girls EXTRA	Tuesdays 5:30-7pm	Lerner Park

## Our Fields are at

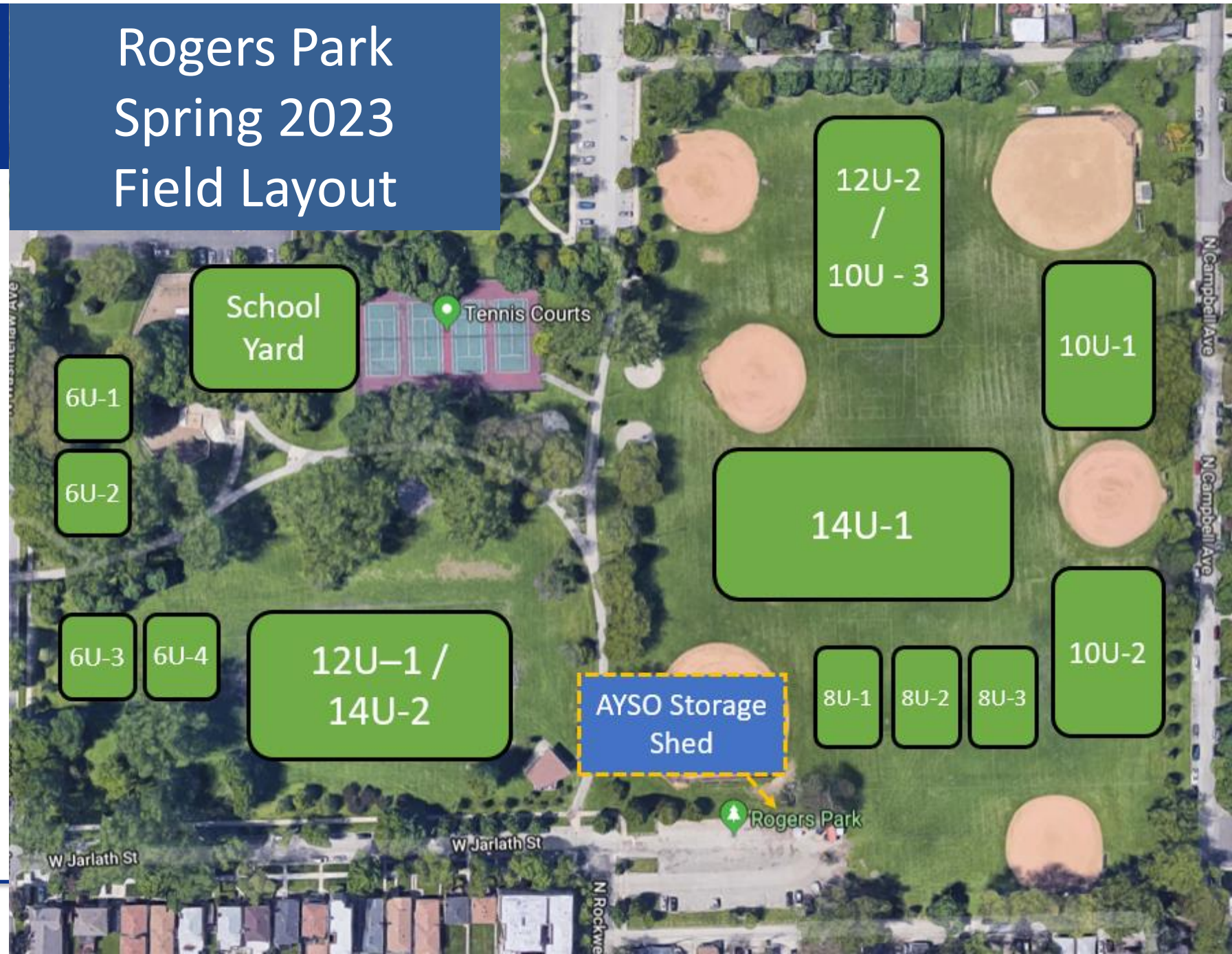
- **Rogers Park**
  - 7215 N. Rockwell
  - 12U #1/Practice Field
- **Lerner Park**
  - 7000 N. Sacramento
- **Warren Park**
  - 6600 N. Western

*\*Some teams may move practice time and location due to schedule conflicts*

# Game Day – Field Layout

**Rogers Park**  
**7215 N. Rockwell Ave**

## Rogers Park Spring 2023 Field Layout





# Rogers Park – Practice Fields

**Rogers Park**  
**7215 N. Rockwell Ave**

**Note: Bathrooms and Field House may not be open during practices**

Rogers Park  
Fall 2022  
Practice Fields



# Lerner Park – Practice Fields

**Lerner Park**  
**7000 N. Sacramento**

**Note: No bathrooms or field house on site**

Lerner Park  
Fall 2022  
Practice Fields





# Game Schedule Overview - Tentative

Game Day schedule for 49 Teams! *(Times subject to change)*

	FIELDS		FIELDS		FIELDS			FIELDS		FIELDS			FIELDS	
TIME	Schoolyard	6U-1	6U-2	6U-3	6U-4	8U-1	8U-2	8U-3	10U-1	10U-2	12U-1	12U-2	14U-1	14U-2
12:00														
12:15									10UG G1	10UG G2		12UG G1		
12:30						8UG G1	8UG G2	8UG G3						
12:45														
1:00	Schlyrd G1												14U G1	14U G2
1:15														
1:30		6U G1		6U G2	6U G3									
1:45									10UB G1	10UB G2	12UB G1	12UB G2		
2:00	Schlyrd G2					8UB G1	8UB G2	8UB G3						
2:15		6U G1		6U G2	6U G3									
2:30														
2:45				6U G4	6U G3									
3:00	Schlyrd G3					8UB G4	8UB G5	8UB G6	10UB G3	10UB G4	12UB G3			
3:15														
3:30														
3:45													14U G2	
4:00														
4:15														
4:30														
4:45														



# Sunday Game Format

Division	Format	Time	Key Aspects of Game Play
<b>Schoolyard</b>	Group	1 Hour	<b>N/A</b>
<b>6U</b>	Small-sided 4 v. 4	30 min practice / 2 x 12.5 min halves	<ul style="list-style-type: none"> <li>• No Goalies</li> <li>• No throw-ins (kick-in) / No headers</li> <li>• Minimal stoppage for infractions</li> </ul>
<b>8U</b>	Small-sided 5 v. 5 or 4 v. 4	4 x 10 min quarters / (5 min halftime break)	<ul style="list-style-type: none"> <li>• No Goalies</li> <li>• Include throw-ins / No headers</li> <li>• Flexible stoppage for infractions</li> </ul>
<b>10U</b>	7 v. 7	4 x 12.5 min quarters / (5 min halftime break)	<ul style="list-style-type: none"> <li>• Include Goalies – no punting</li> <li>• Break-out line (only 10U)</li> <li>• No headers</li> <li>• Flexible stoppage for infractions</li> </ul>
<b>12U</b>	9 v. 9	4 x 15-minute quarters / (5 min halftime break)	<ul style="list-style-type: none"> <li>• No headers</li> <li>• Punting</li> <li>• Enforce infractions</li> </ul>
<b>14U</b>	11 v. 11	4 x 17.5-minute quarters (5 min halftime break)	<ul style="list-style-type: none"> <li>• FULL SOCCER</li> <li>• Enforce infractions</li> </ul>





# WEATHER

# Weather

- What if it is raining?
  - We play in the rain, as long as there is no thunder and/or lightning and the fields remain playable
- What if it is cold?
  - We play in the cold too. It's okay to wear pants and long sleeves under your uniform as well as gloves and a stocking hat.

**Your coach or the league will let you know via email if your practice or Sunday scrimmage is cancelled for any reason.**

**You decide what is best for your child. Please let your coach know if your player will miss a game or practice.**



# Still have questions?



**[info@NorthsideChicagoAYSO.com](mailto:info@NorthsideChicagoAYSO.com)**

